



437 Howth Road, Raheny, Dublin 5
Phone: 01-851 1411
www.kareplan.ie

Are You Taking Care of an Elderly or disabled loved one and are you in need of a well deserved break?

Maybe it's a night out or a holiday or you yourself have to go into to hospital. Kare Plan provide a wide range of care and our care staff are available ½ hour to 24 hours a day, to give you peace of mind that your loved one is been cared for and is not alone.

Or maybe you are an elderly or Disabled Person?

Who likes to be independent and not rely on family and friends all the time for the help or support you need. Kare Plan can provide care staff to assist you to appointments such as hospital, doctor, dentist, chiropodist or simply going for your shopping, pension, and prescription collection. We also provide these services if you need assistance getting to leisure and recreational activities such as clubs, groups, church, day trips, beauty salon, hairdressing appointments and outdoor pursuits.

All are care staff are fully trained, insured, garda and employer reference checked. For information or a free no obligation consultation please feel free to contact Kare Plan at 01-8511411 or visit our website on www.kareplan.ie.



SITTING SERVICE

- Night out (5 hours) €110
Less than 5 hours can be arranged
- Holiday one week (24 hour care) €1150.00
More than 1 week can be arranged

Respite care in the home can be arranged for as many or as little hours as needed.

ASSISTANCE SERVICE

- Appointments (2 hours) €43.00
Less than 5 hours can be arranged
- Collection and pick up from appointments €21.50
- Your Choice of outing (3 hours) €64.50
(Shopping/Clubs/Groups/Church/Day trips/Outdoor pursuits
More or less hours can be arranged.



10% off all Prices with this Voucher